



WE CAN CHANGE THE WORLD...



ONE NURSE
AT A TIME

ANNUAL REPORT 2011

What a year! Thanks to generous donations from friends and supporters, One Nurse At A Time doubled our income from 2009, and eight nurses benefited from scholarships. We received a grant from Johnson & Johnson and were honored to be the Inglewood Women's Golf Club's holiday charity, totaling seven new scholarships in 2011 to nurses volunteering their time and skills abroad.

A Message from the President

2010 allowed us to publish articles about the organization and volunteer work, speak at public events, share our stories and spread the word about the value of humanitarian nursing. Our website receives frequent emails from around the world asking advice. Directory information about our partner organizations was verified to maintain this up to date and accurate resource.

2011 is already a busy year. We're redesigning our website to provide more information, showcase scholarship recipients and their experiences. My goal for this year is to develop modules addressing specific skill sets needed for nurses to work effectively in the challenging humanitarian environment: disease outbreaks like cholera, malaria and measles, the geo-political framework of international medical care, resources and protocols for working in resource-poor areas, and "what you need to know before you go." This year One Nurse will open to internal volunteers - to widen our presence, gain helping hands for social networking, donor relations, grant writing and other ways to expand the message about volunteer nursing.

We hope you'll share the word with your friends and professional contacts as we work to change the world, One Nurse At A Time.

Sue Averill RN

www.OneNurseAtATime.org

Volunteer Nurses

IN THEIR OWN WORDS



Jaren Gravagne

Jaren served with **Healing the Children** on a pediatric surgical mission in Santiago Texacuangos, El

Salvador from February 27 through March 6, 2010. 75 children received surgery and medical care from the multidisciplinary team.

“There are many things I would have done differently that week. But many things could not have been done better. This week changed my views on healthcare: it helped me to be more flexible, taught me to improvise, and showed me how to do things without advanced technology.”



Jennifer Tucker

Jennifer volunteered with **Refuge International** in San Raymundo, Guatemala from February 20 through

February 28, 2010 as a ONAAT scholarship nurse on a medical/surgical mission that provided medical care to more than 600 patients, and surgery for 35 patients.

“ I have come home more content with my life. My family, my loves. I am happier with my career and where I am. I am a better student. I am a better teacher. I would not be half the practitioner I am if I did not take this trip. I am able to use skills that I don't always use in the states, but am reassured that I still have them ready and waiting should I need them. I am more thankful for my health, my friends and the health of those around me. I am more thankful for mi familia, my friends and my colleagues. I am more than when I left.”



Anne Daley

Anne volunteered with **Solidarity Bridge** in Cochabamba, Bolivia from September 25 through October 4, 2010. Over the course of a week

more than 1,000 patients were provided medical care by the medical team.

“Over the course of the week I saw over a hundred patients, and for many of them I was the only medical provider they had ever seen. I was grateful and honored to be one of the people that could provide them with healthcare services. I could never have had this experience without the support of the staff of the clinic Virgen de Africa, my other Solidarity Bridge colleagues, and of course the support of One-Nurse-At-A-Time!



Jo Vernetti

Jo volunteered with the **Circle of Love Foundation** and served in both Antigua and El Tesoro, Guatemala from July 12 through July 20, 2010. Daily

clinics were held with approximately 500 patients being provided basic medical and eye care.

“It is hard to say farewell, but our work is completed. We go our separate ways, changed from the way we arrived. Glimpsing for a short time into a world filled with poverty and lack; and of grace and love given for the travelers that came to see them. I arrived home tired, and weary, but feeling a sense of completeness for how I had been able to use my God-given skills and talents as a nurse.”



Jenny Claxton

Jenny embarked on her first medical mission at two teaching hospitals in Cochabamba and Sacaba, Bolivia,

South America with the Chicago based **Solidarity Bridge**, during which she served as the nurse coordinator. From September 25 to October 6 the Mission Team successfully performed 107 surgeries and evaluated 783 patients in clinics in the two Colombian cities.

“I felt extremely fortunate to have been afforded this experience to give of my talents and skills, and look forward to serving in this capacity again. I am also appreciative of the assistance given by the “One Nurse at a Time” organization, which was instrumental in funding part of the trip.”



Suzanne Browning

Suzanne volunteered as a ONAAT nurse with **e3 Partners Ministry** in Arusha and Tabera, Tanzania from May 8 through

May 30, 2010. Close to 1,000 people received glasses, approximately 600 people were HIV tested and counseled, and close to 700 people were seen in the medical clinics for a variety of medical problems.

“The medical clinics were incredibly rewarding to be a part of, but working with the local doctors, nurses, and interpreters was a treasure. They are such resilient people, and while they may not have much, what they have, both physically and vocational skills, they give fully to their people. They showed me what it means to live passionately and wholly for what is true and right. God has blessed me with the skills and passion for nursing and I love that it's a profession that can so easily and greatly affect the world we live in. I cannot thank One Nurse At A Time enough for helping to make this opportunity a reality for me.”

THANKS!

- **Karis Cady**, lead designer at Pyramid Communications who helped created our new flyers and this Annual Report!
- **Inglewood Women's Golf Club** chose One Nurse At A Time as their holiday charity. With their generous donations, at least two nurses will receive scholarships to volunteer abroad!
- **Johnson & Johnson** awarded One Nurse At A Time a \$2500 grant to be used as matching funds for five nursing scholarships in 2011.

UPCOMING EVENTS

One Nurse at a Time, in partnership with Jazz For Peace, featuring Rick DellaRatta, will hold a special benefit concert in Seattle on Saturday August 13, 2011 at 6:00 PM. Tickets are \$35.00 and available on line at www.jazzforpeace.org; or from Sue, Staci or Nancy.



Jennifer Spriggs

Jennifer, worked with Missions of Hope International (MOHI) and Christian Missionary

Fellowship from July 1 to July 15, serving the impoverished people of Mathare Valley slum in Nairobi, Kenya by providing education to children and community health evangelism.

"It was so satisfying and rewarding to use my nursing education to improve the lives of these women and children of Mathare Valley! I never thought the most basic of things that I have learned as a nurse would be so valuable to these people."



Anne Braudt

Anne volunteered with Mercy Medical in Kenya from August 10 through August

20, 2010 and provided training to 17 local health care workers.

"... I am so grateful that He [God] chose ONAAT to assist me in my journey to Kenya. Their scholarship was a godsend; a beautiful part of God's remarkable provision. As I have been invited, so to do I invite you, to be a part of the blessings that await us when we step out to change the world one child, one scholarship, at a time. Thank you to One Nurse At A Time and thank you to you who support them."

Nancy Harless

COMMUNICATIONS DIRECTOR



One Nurse At A Time is excited to introduce Nancy Harless our Communications Director and newest Board member. Nancy joined ONAAT in March 2010 and has been passionately promoting One Nurse through her writings and professional connections.

Nancy Leigh Harless is a Women's Healthcare Nurse Practitioner who worked with Belize Family Life Association in opening a women's clinic in southern Belize and International Medical Corp. in the post-Balkan War recovery effort in Gjalan, Kosovo. She is also an award winning poet and writer. Her poems and stories have been

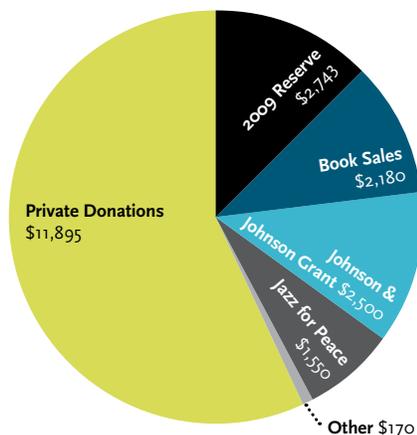
included in many anthologies including Lyrical Iowa, Traveler's Tales, Cup of Comfort, and The Healing Project, Chicken Soup for the Soul, and Nurses' Voices; as well as many professional and literary journals. She is the author of Womankind: Connection & Wisdom around the World, a collection of short stories gleaned from her international nursing experiences and travels, served as co-editor for To the Rescue, an anthology of stories written by healthcare workers from the scenes of disasters, and editor of Nurses Beyond Borders: True Stories of Heroism and Healing around the World. Nancy lives in Wever, Iowa with her husband, Norm, but travels often—usually off the well-paved road.

"Travel and working abroad has a way of stretching us. As our awareness of a wider world and other traditions expand, so does our capacity for compassion and love. I firmly believe that as nurses we can each make a difference.

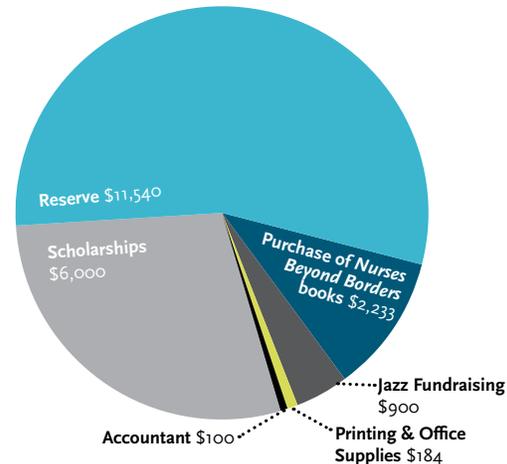
My personal hope is that ONAAT will continue to grow and will provide more scholarships to nurses who volunteer abroad; more community out-reach to enhance public understanding of humanitarian work; more information to nurses who have the desire to volunteer, but don't know how to get started; and more education to prepare nurses for the challenges of humanitarian work.

Nurses who volunteer at home or abroad are undeniably very special people who reach out eagerly -- though not necessarily without fear -- for new, rich experiences. They provide care and compassion to all those in need. These extraordinary nurses lead wide lives. Once they experience transcultural nursing they are forever changed; their view of the world broadens; their sense of self deepens. They know in their bones they are a part of the web of life on a global scale and they know that one nurse at a time they are changing the world. I want to extend a huge thank you to each of our donors and other supporters who make this possible."

2010 Income \$18,295



2010 Expenses \$9,417



Staci's Thoughts

As I sit here, compiling everything that we've done over the past year, I realize that it is an amazing feat! Our passion has not faded and our successes prove that others feel just as strongly as we do about the importance of nurses in the global health arena. The story of One Nurse At A Time is spreading all over the country! We are so thankful to those of you who have donated to this important cause. Because of generous donations, countless people all over the world have been touched and lives are changed by the scholarship recipient nurses who have volunteered their time and talents.

We still have a lot of work to do though. As Sue stated we have big plans and changes for this upcoming year! One of the most significant changes is in my role at One Nurse. This summer, my husband and I will be expecting our third child! As a stay-at-home mom, my time is already at a premium. With the addition of a newborn to our family, I will not have the time to give to One Nurse which is needed. Therefore, after much consideration, I will retain my role on the Board of Directors but will step down from my role in daily operations. Because of this change, Sue and Nancy will need help carrying the ever growing needs of our organization.

We have compiled a list of volunteer projects where we need assistance. We request volunteers to commit to a role for a minimum of one year. We ask that you please consider donating your time and talents to helping our organization grow, reach more nurses and make a bigger impact on the world around us!

2010 Goals in Review

FUNDRAISING The generosity of our donors this past year have been remarkable in a time of economic uncertainty. We received a total of \$18,295, most of which will go towards scholarships in 2011!

WEBSITE VOLUNTEER Although we were unable to find a volunteer to improve and manage our web presence, we will be re-creating a more interactive and vibrant site to showcase our ongoing work in 2011.

HOSPITAL SUPPORT PROGRAM We hope to add a Hospital Support liaison volunteer, and make significant progress in this area in 2011.

DIRECTORY The list has been updated with current information, including 150 new organizations!

2011 Goals

VOLUNTEERS! We need a variety of volunteers to help us with various ONAAT projects. This is a crucial need in the growth and sustainability of One Nurse. We will add four new volunteers to our staff.

We will continue **FUNDRAISING!** We had a record breaking year in 2010 despite the economic recession. We recognize the need to seek out revenue generating avenues in addition to private donations. We are considering website advertising, book and logo item sales and fundraising events.

We will award **10 SCHOLARSHIPS** over the course of 2011! Five of these will be at 50% match per our grant requirements from Johnson and Johnson.

We will create and publish **EDUCATIONAL MODULES** about humanitarian nursing on our new website.

We will add two **NEW BOARD MEMBERS** to provide ONAAT with a more diverse perspective and help guide us in a successful direction.

Volunteer Opportunities

If you are interested in volunteering, please contact Sue at OneNurseAtATime@gmail.com

- 1. PRODUCT SALES/ PROMOTIONAL ITEMS:** This would include helping us create and sell logo items such as t-shirts, totes, and the *Nurses Beyond Borders* books. This could possibly be a separate business or through ONAAT. We would need a very organized person who is comfortable keeping detailed records, determining sales tax, and mailing items.
- 2. SCHOLARSHIPS:** As we shift to electronic applications, references, etc and all work would be on line. The volunteer will need to organize, collate, verify and present the completed application packet to the ONAAT Board of Directors via email.
- 3. STRATEGIC PARTNERSHIPS:** Help us advertise to and generate income from our local and national communities. This person should be passionate about the mission and vision of ONAAT and willing and able to work on line and meet with potential business partners. This volunteer should have marketing experience and be able to guide us down a successful path!
- 4. FUNDRAISING:** We are looking for sustainable fundraising opportunities. We need someone who is passionate about the mission and vision of ONAAT and would be able to help guide us!
- 5. HOSPITAL LIAISON:** We would like for this volunteer to help us set up a strategic partnership with hospitals to help promote humanitarian nursing with the goal set up vacation banks and hospital matching programs for nurses who take time off to complete a medical mission.
- 6. GRANT WRITER:** One of the best ways for non profits to receive critical funds is through grants. Philanthropic individuals and foundations want to fund organizations like ours! We need a volunteer to research, write and submit grant requests on behalf of One Nurse At A Time.